



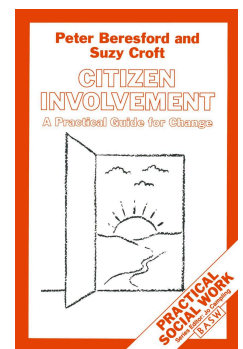
Commonweal Reading List: Community of Care

How do we create a community of care within social change movements? Exploring grief and fear and how to not do the work of an oppressive system.

To share a self care practice that inspires you throughout your activist journey email commonwealoutreach@peacemuseum.org.uk. Your suggestions will feature on our website and social media, and also help us to identify gaps in the Collection.

Citizen Involvement: A Practical Guide for Change By Peter Beresford and Suzy Croft (1993)

This book offers the first introduction and practical guide to increasing people's say and involvement in their lives, neighbourhood and services. It draws on a major study of initiatives to involve and empower people. It explores a wide range of schemes across a variety of policies and services, including housing, health care, education, community development, social work and social services. It also examines the underlying principles, politics and philosophy of participation. It offers guidelines for participatory policy and practice and a checklist for evaluating and auditing citizen involvement.



Classification: Sp BER - check it's available [here](#).

Community work and the state

Edited by Gary Craig, Nick Derricourt, Martin Loney, in cooperation with the Association of Community Workers (1982)

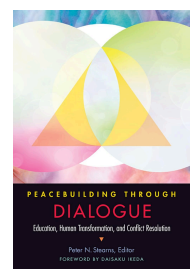
This book has contributions from community activists, workers, academics exploring community based work. It explores how the starting point for community work must be a commitment to social change which is egalitarian in impact and democratic in content. The authors explore the radical practice of community work and offer a framework for this practice with examples from topics around elderly care, anti racism, unemployment etc

Classification: S CRA - check it's available [here](#).

Peacebuilding through dialogue: education, human transformation and conflict resolution

Edited by Peter. N Stearns (2018)

This book explores how dialogue can be used to aid peace building around the themes of teaching and learning, personal and interpersonal group and conflict resolution and social change. The contributors offer a range of perspectives addressing the aforementioned topics and look at which approaches have been more/less successful



Classification: Jb STE - check it's available [here](#).

Forgiveness and Revenge

By Trudie Govier (2002)

Trudy explores the ethics of attitudes to wrongdoing and examines the moral and practical impact of revenge and forgiveness both from a personal and political perspective. When we are surrounded by things we see as wrong, how can we respond to the wrongs of the past? Turdy looks at the values that underpin our thinking about revenge and forgiveness to provide some clarity on these topics.

Classification: Jn GOV - check it's available [here](#).

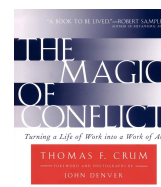


The Magic of Conflict: Turning a Life of Work into a Work of Art

By Thomas F. Crum (1987)

Thomas provides a practical guide to personally explore how to de-stress the body and mind. The book suggests that conflict can be an opportunity for choice and change. Techniques covered include breathing and meditation exercises.

Classification: Jn CRU - check it's available [here](#).



Cultures of Fear: A Critical Reader

Edited by Uli Linke and Danielle Taana Smith

Cultures of Fear has contributions from Noam Chomsky, Slavoj Zizek, Jean Baudrillard, Catharine MacKinnon, Neil Smith, Cynthia Enloe, David L. Altheide, Cynthia Cockburn and Carolyn Nordstrum. The book looks at the normalisation of fear in the context of war and terrorism.

Classification: V LIN - check it's available [here](#).



Resurgence and Ecologist Magazine

Issue 324, January/February 2021

This issue explores resilience, fair farming, dinner with dignity and kindness in crisis

Resurgence and Ecologist Magazine is part of the Commonweal periodicals collection, a rich and varied selection of over 2,000 titles about social change and activism, peace and disarmament, climate crisis & the green movement, nonviolent philosophy and practice, human rights, anti-racism and identity.

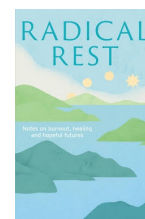
More information about the periodicals can be found [here](#).



Radical Rest by Evie Muir

This book explores rage, grief and anxiety, emotions that can be associated with burnout. How can activists move towards hope and explore joy? Evie Muir uses a black feminist, abolitionist and nature inspired lens to take the reader on a journey that reimagines rest. What could radical rest look like?

Classification: Ps MUI - check it's available [here](#).



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To find out more, scan the QR code, visit www.commonwealnonviolence.org or email: commonweal@peacemuseum.org.uk

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